

# Pierre J. Massage



-Relaxation for body and soul-

coeureaucorps.ch

Passionate and inspired by well-being, the body, traditionalchinese medicine, Qi Gong and a quality of touch full of compassion I offer traditional ethnic massages, which willreconnect you with yourself using the gifts of nature in a natural and protected environment.

## Lomi L'eau

Lomi L'Eau is a traditionally polynesian form of massage. It takes approximately 2,30 hours from start to finish.

It feels like a wave of fluidity going through your body, connecting you with your innerself, relaxing your muscles and tendons and opening your meridians. It activates the circulation of your blood, the lymphatic system and the energetic flow, creating a unique space to feel your bodily sensations, easing tensions and emotions, which could create blockages on mental as well as physical levels.

px :95.- up 150.- € depending on your estimation and income

## Lomi L'eau 4-Handed Massage

A special moment just for you with Pierre and Lucia with our deep love and connection you will receive a massage on the basis of Lomi-L'eau with 4 hands and oil. You can sink into your body, experience deep relaxation from within and sink into different states of awareness. A wonderful treat for you wellbeing.

duration 2h15 including initial consultation

PX : 180.- up 250.- € depending on your estimation and income

## Lomi L'eau Massage for Couples

Nurture a loving connection with your partner

Both partner will receive a massage at the same time in the same room. You share some quality time off, relaxing, letting go in the wonderfully flowing motions of the Lomi L'eau massage with the strenght of your hearts in your partnership.

Duration 2h30

PX : 180.- up 300.- depending on your estimation and income

## Traditional Korean Massage

I also offer a form of traditional korean massage. This "massage" is performed on ground level and takes around 3 hours from start to finish. During this time I will use your bodyweight to massage you with balancing movements, vibrations, stretching and mobilisation of the joints. This technique allows circulation to flow all the way down to your bones, opens up all joints and relaxes muscles and tendons.

px:145.- up 200.- € depending on your estimation and income

## Sitting Shiatsu Massage (Anma)

And last but not least I offer a massage in a sitting position. During one hour I massage pressure points and meridians on yourback, neck and arms, relieving pain, tension, stiffness and stress,strengthening your energetic flow.

px :45€

I will be on site for 5 days a week on location n°

Book your moment of relaxation directly at the reception (on site or by phone).

My massages always take your needs as a guide, that's why short delays or rebookings on short notice are possible, thanks for your understanding.